



## Outdoor camping youth exchange „Active change makers”

Kayl, Luxembourg

16<sup>th</sup> of July– 26<sup>th</sup> of July, 2018

# ACTIVE CHANGEMAKERS



**Jugendtreff Käl/Téiteng and NaturKultur e.V.** invites you to Youth Exchange from Erasmus + programme “Active change makers” that will be held in Kayl, Luxembourg. .

**Dates:** 16<sup>th</sup> of July– 26<sup>th</sup> of July, 2018

**Partner countries:** Croatia, Cyprus, Germany, Luxembourg, Macedonia and Spain

**Number of participants:** 49 (7 per country + 1 group leader per country).

**Gender balance:** Each country has to maintain gender balance 50%-50% on boys and girls. If not possible to have the balance, group leaders have to coordinate between each other so the balance of all the countries is maintained.

**Age of participants:** 18-25 (20% of participants can differ from this age limit)

## **Aims and objectives for the exchange:**

1. Empower youth to be more socially responsible and active citizens, on a local and international level, to become change makers in their own local community
2. Create a safe environment for participants to share their experiences and culture
3. Encourage social cohesion in our local societies leading by example from the youngsters
4. Raise the importance of belonging to the European community
5. Nurture intercultural exchange, tolerance and solidarity
6. Address the problem of growing youth radicalization in Europe, finding the causes and searching for ways to prevent it
7. Include people with disabilities and/or people with fewer opportunities in society

## **How to get to Luxembourg: (Travel Essentials)**

How to come to park "Hummerland" in Kayl Tétange?

### **First of all you need to take a plane, train or the bus to Luxembourg. There are many possibilities to come to Luxembourg:**

- By plane we have nowadays RYANAIR, EASY JET, TAP PORTUGAL AIRLINES, TURKISH AIRLINES, KLM... So just look for the best price for direct flies to Luxembourg.
- But there can be also cheap indirect flies for example to Frankfurt-Main (Germany), Frankfurt Hahn (Germany) or to Charleroi (Belgium) Airport and take a FLIBCO Bus ([www.flibco.com](http://www.flibco.com)) (usually the price is around 5€ to 27€)
- Then there is a possibility to get here by train. But I wouldn't recommend it, because it can be very expensive, more then by plane. Only if you got the new EU INTERAIL Ticket, then of course you are welcome to travel by Train because it will be for free ^\_^
- Another possibility is coming by Megabus or other Bus companies who are travelling to Luxembourg. It can be very cheap to. Just look for the cheapest Bus company. There are a lot of Buses from Portugal, Germany, France and Belgium.

**!!!IT IS IMPORTANT TO LET THE ORGANIZERS OF LUXEMBOURG KNOW YOUR ARRIVAL TIME IN LUXEMBOURG CITY BECAUSE WE WILL ORGANISE A NAVETTE TO THE CAMPING PLACE!!!**

If you dont want to take our Navette, please let us know. Telefon number +352691474740 or mail: [wintringer47@gmail.com](mailto:wintringer47@gmail.com)

You can take the Busline 197 which is coming from Luxembourg Train station to Kayl/Tétange and you need to get out at the station: "Tétange Schungfabrik" from there just go inside the park of the Schungfabrik and follow the signs of the Football station to the right.

## **Venue:**

We are going to be accommodated in the middle of the city in a very nice park called "Hummerland". We will have big tents for sleeping. 1 Tent for women and 1 Tent for men. There will also be the kitchen Tent with all the Kitchen Materials. There will be plenty of space to do our workshops. We will have tables and sitting possibilities and even if it rains we still have possibilities to use the space of a building close by. There is a "Multisport" Space very close to our Camping place. If you like to do sport you can do it there. (Football, Basket, Tennis...)



Google view of the place:

<https://www.google.com/maps/@49.4753399,6.0365954,257m/data=!3m1!1e3>

### **Sanitary facilities:**

We are going to be using the facilities of the football Stadium for showering, going to the toilet or washing hands. Every participant has the responsibility to bring his own towel and shower gel or shampoo. Hand soap, toilet paper and hand towels will be provided by the organizers. **(PLEASE NOTE THAT IT IS STRICTLY FORBIDDEN TO GO ON THE GREEN OF THE FOOTBALL PLACE)** You could be punished and charged by having to pay a fee.

### **What to bring:**

- Sleeping bag and pillow
- Flashlight
- Drinking bottle
- 1 pair of outdoor shoes for walking & 1 pair of Sport shoes
- Backpack (avoid suitcases and borrow backpack from a friend or relative)
- Small backpack (to carry the daily necessities)
- 2x Normal towels
- Slippers or sandals
- Waterproof jacket or cape (for summer)
- Sun creme
- Sunglasses and some hat
- some pocket money when we go to the city if you want to buy a souvenir. (Luxembourg, can be expensive depending on what you buy)

### **Insurance:**

Every participant should have valid travel insurance for Luxembourg during your stay on the project. This means that when you don't have your own insurance, the organizer doesn't bear any responsibilities towards the participants. That is why every participant should timely purchase their own insurance. (you could take it from DKV its cheap and effective)

### **ATM & cash:**

In Luxembourg all major credit and debit cards are accepted. However at the parc "Hummerland" there will be no ATMs. There is a supermarket not far away where you can go buy things to eat or drink. Shopping list can be done If you have forgotten anything at home i.e. toothbrush or deodorant, we will have a shopping list. You can leave money with the person responsible for shopping and we will get it for you within 24 hours.

## Housekeeping:

Since the venue is in the middle of the city close to private houses, (on camping sites you also have neighbors) it is important to keep this place clean all the time, it means that everyone is responsible for taking care of the place and all participants will contribute to making it clean and nice for everyone. **Music shouldn't be too loud after 22h but still you can go listen to it with portable speakers @ the pavilion. (the pavilion is outside of the tent place and there you can listen to music)**

## Preparation for national evening:

Each delegation is responsible for preparing a one night national evening event. You should prepare a program that is not going to be longer than 1h. You will present your country in front of the other participants and for people from the local community who are supporting this project with logistics. You should bring brochures and promotional materials about your country. You can play national music and teach your friends from other countries the national dances of your country. You can make quizzes and lottery games. You can bring food, snacks and drinks for everyone to try your typical food. Keep in mind there will be around 50 people. Do what you think is the best way to present your country, but please try to make it as interactive as possible and involve the rest of the participants.

## Timetable:

Here is the general timetable. Please note that this is a draft – working version. By the start of the exchange the timetable will be finalized and we will give you the final version upon arrival.

|                                      | 7/16/2018              | 7/17/2018   | 7/18/2018  | 7/19/2018  | 7/20/2018  | 7/21/2018   | 7/22/2018   | 7/23/2018   | 7/24/2018                                   | 7/25/2018                                  | 7/26/2018                             |
|--------------------------------------|------------------------|---|--|--|--|---|---|---|---|--|---------------------------------------|
| Arrival and helping setting the camp |                        | Luxembourgish Breakfast                           | Spanish Breakfast  | German Breakfast   | Macedonian Breakfast   | Croatian Breakfast  | Cyprus Breakfast  | Breakfast   | Breakfast                                   | Sleep In & Breakfast                       | Breakfast                             |
|                                      |                        | Opening & Get to know Games                       | Workshop: Getting Perspectives about Prejudices of the different countries (Croatia) | Inklusion workshop Visiting APEMH Center Luxembourg (workshops & games with people with fewer opportunities) | Simulation: Creating an Organisation (leadership, budget control...) (Spain) | Hiking in the nature (Discover Möllerthal & the beautiful Nature of Luxembourg) | Workshop: Being discriminated, lack of opportunities of immigrants (Cyprus) | Free time in Luxembourg                           | Walking in Kayl to the the Mining Museum... | Presentation of Creativity Workshop (Andy) |                                       |
|                                      |                        | Rules & Security (Andy)                           | Workshop Learn to respect (Croatia)  |  |  |   |   |   |   |  |                                       |
|                                      |                        | Expectation setting (Cyprus)                      |  |  |  |   |   |   |   |  |                                       |
|                                      | Lunch & Lunch Packages |   |  |  |  |   |   |   |   |  |                                       |
| Departure                            |                        | Teambuilding (Luxembourg)                         | National Delegation Meeting  | Technologies of today: how can we use them as a tool to be active in society (organized by Macedonia)        | Sport Activities Mini Olympiade (Luxembourg)                                 | Hiking in the nature  | Open Space Teenagers can propose games                                      | Free time in Luxembourg                           | Creativity Workshop                         | Closing Evaluation & Goodbye Games         |                                       |
|                                      |                        | Erasmus + Youthpass Information (all the leaders) | Bus to carting place   | Reflection & Discussion (2by 2) + Leaders Meeting  | Visiting Youthcenter of Luxemburg  | Reflection & Discussion (Individual) + Leaders Meeting                          | National Delegation Meeting   | Talking about Burning Issues & Utopia (Germany)   |   |  |                                       |
|                                      |                        |   | Carting  |  |  |   |   |   |   |  |                                       |
|                                      |                        | Preparation time for Cultural Evening             | Preparation time for Cultural Evening  | Preparation time for Cultural Evening  | Preparation time for Cultural Evening  | Preparation time for Cultural Evening   | Preparation time for Cultural Evening                                       | Reflection & Discussion (Group) + Leaders Meeting |   |  | Preparation time for Cultural Evening |

## Travel and participation costs

All the costs for the travel, accommodation, food and participation in all program activities are going to be covered from Erasmus+ program. There is participation fee of 30€ per participant.

## Contacts:

When you need more information or question about the project please contact:

Darko - Project responsible [darkomitevski@naturkultur.eu](mailto:darkomitevski@naturkultur.eu)

