



NATURKULTUR E.V.
DROSSELWEG 1A
26215 WIEFELSTEDE
+49 (0) 4402 60079
INFO@NATURKULTUR.EU
VR 201093

I
EU – Between the Challenges and Benefits
3-13th November 2018
Osterholz-Scharmbeck (Germany) and Brussels (Belgium)

Dear Participant,

Welcome to the “**EU – Between the Challenges and Benefits**”, multinational Erasmus+ youth exchange of 50 young people, 18-30 years old that come from 7 different European countries, which are some of the biggest EU sceptics and supporters - Hungary, Italy, Czech Republic, Spain, Lithuania, Greece and Germany.

This project represents the follow-up inspired by “**EU: to be or not to be**”, which we organized one year ago. After great feedback of participants and amazing outcomes on all levels, we believe we did great job and we do not want to stop. **NaturKultur** continues to encourage young people to take actions and build our Europe of the future, grounded on principles of friendship, altruism and unity!

Political discussions are not reserved for politicians and bureaucrats only – they belong to each of us, that is why we do what we do and that is why **YOU** are here!



This Info pack deals with what we are doing together on this exchange. A lot of great activities, friendships and fun is awaiting for us, but we should not forget the good old: “**play hard, party hard**”. Thus, we would like here to present you the main aspects of the exchange, so you can better plan, prepare and organise necessary things!

SPENDENKONTO
KTO.-NR.: 90320177
BLZ: 28050100

LANDESSPARKASSE ZU OLDENBURG

IBAN: DE63280501000090320177
BIC-/SWIFT-CODE: BRLADE21LZO



NATURKULTUR E.V.
DROSSELWEG 1A
26215 WIEFELSTEDE
+49 (0) 4402 60079
INFO@NATURKULTUR.EU
VR 201093

Goals and agenda of the project

One of the strategic goals of NaturKultur is to increase awareness among youth about **European values and citizenship**, while we encourage young people to take a proactive role in the processes of their local communities. We want young people to be informed, and what is more important – to get inspired to be actively involved in our European future!

We are in particular moved by recent happenings and debates in Europe: migrant crisis, borders issues, Brexit, the rise of right-wing political parties and endangered human rights. We do not want to solely watch what is going on, but instead to say loudly what we think and whenever possible – to act!

The goals of this project are the following:

- ✓ To give an opportunity to young people to learn about the different EU institutions, EU rights, and EU processes;
- ✓ To exchange opinions with European politicians and policy makers;
- ✓ To talk about the future of Europe, including how to overcome the challenges and which are the benefits of being in the EU (such as free movement, etc.);
- ✓ To empower youngsters to get engaged in politics of their local communities and countries;
- ✓ To spread messages of democracy, solidarity, altruism, friendship and unity.



SPENDENKONTO
KTO.-NR.: 90320177
BLZ: 28050100
LANDESSPARKASSE ZU OLDENBURG

IBAN: DE63280501000090320177
BIC-/SWIFT-CODE: BRLADE21LZO



NATURKULTUR E.V.
 DROSSELWEG 1A
 26215 WIEFELSTEDE
 +49 (0) 4402 60079
 INFO@NATURKULTUR.EU
 VR 201093

The Program

The project can be divided into several parts:

I – Exchange in Osterholz-Scharmbeck, Germany, where the young people will learn, debate, discuss in round tables, watch movies, act, paint, present and create other informal education activities with aim of forming attitudes and offering concrete solutions for EU challenges.

II - Study visit to the heart of the EU - Brussels, when participants will meet EU representatives and discuss about EU challenges, decision making and possible solutions. This will be a very important political experience, where young people can break prejudices about politics and decide to be more politically free and open.

III - Global village and panel discussion in Bremen which will be an event where the youngsters will set up stands and promote the diversity of European cultures in the center of Bremen. The young people will organize quizzes, games and exchange opinions about EU issues with local German citizens. We will also invite politicians to debate and to answer questions with the young people about the future of Europe.

IV – Sending messages to the politicians. The young people will write political messages to their local and national politicians. They will express what they as young Europeans think about European topics, asking politicians to do more for the Europe of future.

During the project we will do live reports, Facebook posts and we will also create a short video movie. We want to be as much open as possible in order to disseminate our outcomes and inspire wider public to take action in creating EU.

And here is the Timetable! Please note that this is the program in general and some changes might happen before the exchange. You will anyways get printed agendas upon your arrival!

Time	Saturday 09. Nov	Sunday 10. Nov	Monday 11. Nov	Tuesday 12. Nov	Wednesday 13. Nov	Thursday 14. Nov	Friday 15. Nov	Saturday 16. Nov	Sunday 17. Nov	Monday 18. Nov	Tuesday 19. Nov
08:00-09:00	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
09:00-10:00	Get to know each other! Name game	EU questions - should EU be open for new members (Dutch, Poland, Hungary, Ukraine, Turkey)	Simulation - Elections of the EU - free market, capital movement in markets	Study visit to European parliament	Visit to NATO headquarters	Breakfast	EU global village - outdoor event (Oldenburg)	Open space (panels of speakers for the EU problems between the participants)	Plan an event with our local politicians, public officials and youngsters		
10:00-11:00	Rules, safety and protection		Panel competition quiz: Myths and truths (Dutch)	D.E. with members of the European parliament	European safety and the need for global peace	Free time	Get with the local: Who wants to be a politician?				
11:00-12:00	Departure setting	Facts and numbers about the European budgetary									
12:00-13:00	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
13:00-14:00	Think into: The history of EU. How it got created	Details for and against: Problems that EU is facing	Self-quiz: visit in Cologne - how to address it as an EU citizen	Visit to the European centre bank	Visit to a think tank organization in Brussels	Arrival: Open talking and asking (local) - free movement of people in the EU - pros and cons	Panel discussion in Oldenburg (the hall "Brock" - why did it happen?)	Developing project and activities for better engagement among young people in the EU (French video, study with visit)	Next steps		
14:00-15:00	Free time					Visit to see of the German states taking action	Event				
15:00-16:00	Travel into different stages of the EU development	Details for and against: Final of being in the EU	Event	Walk on the canal			World Café: The aftermath of Brexit	Reflection and discussion			
16:00-17:00	Theme 1 - My point: Pro/Euro	Reflection and discussion: National cooperation exercise			Reflection and discussion						
17:00-18:00	German welcome dinner	Event dinner	Travel to the north								
18:00-19:00	Get to know each other: Welcome to the EU	Dutch night	Haller night		Sightseeing (19:30 local)	Travel to the north	Hungarian night	Search night	Irish night	Break dinner	Break night
19:00-20:00		Hungarian night	Dutch and night				Dutch and night	Free night	Dutch and night	Free and party	

SPENDENKONTO
 KTO.-NR.: 90320177
 BLZ: 28050100
 LANDESSPARKASSE ZU OLDENBURG
 IBAN: DE63280501000090320177
 BIC-/SWIFT-CODE: BRLADE21LZO



NATURKULTUR E.V.
DROSSELWEG 1A
26215 WIEFELSTEDE
+49 (0) 4402 60079
INFO@NATURKULTUR.EU
VR 201093

Profile of Participants

The participants of this youth exchange are people who are interested in the EU, discussing politics, sharing experiences with their peers from other countries, talking about difficult issues in the EU such as immigration, refugees, shared policies, but also talking about things such as sharing values, economic freedom, the freedom of movement and so on. The youngsters should speak good English since it will be a lot of workshops with debating, panels, talking, presentations and so on.

The participants are expected to take active roles during the program, to respect political and other views of others, to create a friendly atmosphere, to work harmonically in team and to give their best to spread around the messages we create.

Special attention should be paid to the global village action in Bremen. It would be advisable to each group to get ready in advance for this. Please do your best to create quiz (with cultural, historical, political etc. questions about the country you come from and also about the EU), to prepare stories and also some materials (flags, leaflets about your country/town, cookies, drinks etc.) that you would like to share with local people of Germany during the action.

Travels, reimbursements, insurance

Flight information and airports

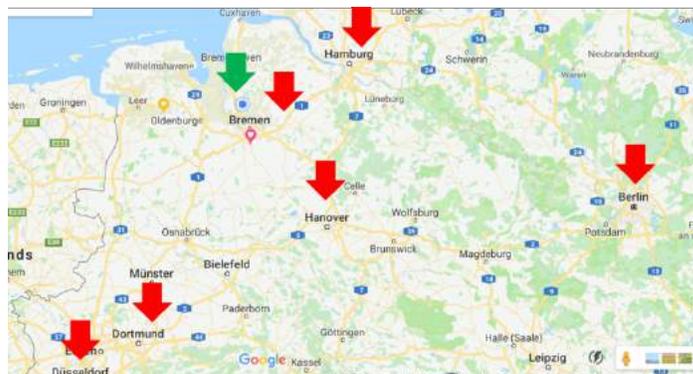
You can fly to Bremen, Hamburg, Hannover, Berlin, Cologne, Frankfurt or Dortmund. It will take you 1.5-4h of trains or busses to reach Osterholz-Scharmbeck. We can reimburse only the cheapest possible travels, so please try to find the cheapest/most suitable flights.

Ryanair flies to Bremen, Hamburg, Hannover, Berlin, Cologne and Dortmund.

Wizzair flies to Hannover, Dortmund, Dusseldorf, Hamburg and Berlin.

Busses you can find on www.flixbus.com (you have internet on the bus)

Trains you can find on www.bahn.de



SPENDENKONTO
KTO.-NR.: 90320177
BLZ: 28050100
LANDESSPARKASSE ZU OLDENBURG

IBAN: DE63280501000090320177
BIC-/SWIFT-CODE: BRLADE21LZO



NATURKULTUR E.V.
 DROSSELWEG 1A
 26215 WIEFELSTEDE
 +49 (0) 4402 60079
 INFO@NATURKULTUR.EU
 VR 201093

You can fly to Bremen, Hamburg, Hannover, Berlin, Cologne, Frankfurt or Dortmund. It will take you 1.5-4h of trains or busses to reach Osterholz-Scharmbeck.

From Bremen Central Station (Bremen Hauptbahnhof) you should take bus 660 in direction Hagen, and get of at the station Bunder Wehr Logistikschule (BW Logistikschule), where we will wait for you (it's a 5 min walk to KulturHaus).

Auf dieser Linie gelten die VBN Kundengarantien

660 Bremen → Bremen-Burg → Garlstedt → Hagen

Verkehrsverbund Bremen/Niedersachsen (VBN), Tel.: 0421 / 59 60 59
 Weser-Emis-Bus, Niederlassung Oldenburg

Verkehrsbeschränkungen Hinweise	Montag - Freitag							Samstag				Sonn- und Feiertag		
	1660 001	1660 003	1660 005	1660 007	1660 009	1660 011	1660 013	1660 015	1660 017	1660 019	1660 021	1660 023	1660 025	1660 027
Bremen, Hauptbahnhof ④ J	8.45	9.00	12.15	14.30	16.25	17.35	19.00	8.50	14.20	18.40		9.50	14.20	18.40
Bremen, Gröpelingen	7.00	9.15	12.30	14.45	16.50	17.50	19.15	9.05	14.35	18.55		10.05	14.35	18.55
Bremen, Mittelsb. Landstraße	7.05	9.20	12.35	14.50	16.55	17.55	19.20	9.10	14.40	19.00		10.10	14.40	19.00
Bremen, Bahnhof Burg ④ 4	7.09	9.24	12.39	14.54	16.59	17.59	19.24	7.10	9.14	14.44	19.04	10.14	14.44	19.04
Bremen, Goldbergplatz	7.11	9.26	12.41	14.55	17.01	18.01	19.26	7.11	9.15	14.45	19.06	10.16	14.45	19.06
Ritterhude-Ihlpohl, Tankstelle	7.13	9.28	12.43	14.58	17.03	18.03	19.28	7.13	9.18	14.48	19.08	10.18	14.48	19.08
Ritterh.-Stendorf, Gasth. Wäldje	7.15	9.30	12.45	15.00	17.05	18.05	19.30	7.15	9.20	14.50	19.10	10.20	14.50	19.10
Ritterh.-Stendorf, Feuerwehr	7.17	9.32	12.47	15.02	17.07	18.07	19.32	7.17	9.22	14.52	19.12	10.22	14.52	19.12
Ritterh.-Warschen, Abzw. Wierschenegge	7.18	9.33	12.48	15.03	17.08	18.08	19.33	7.18	9.23	14.53	19.13	10.23	14.53	19.13
OHZ-Heilshorn, Brücke	7.21	9.36	12.51	15.06	17.11	18.11	19.36	7.21	9.26	14.56	19.16	10.26	14.56	19.16
OHZ-Heilshorn, Dorfstraße	7.23	9.38	12.53	15.08	17.13	18.13	19.38	7.23	9.28	14.58	19.18	10.28	14.58	19.18
OHZ-Heilshorn, Weißes Haus	7.25	9.40	12.55	15.10	17.15	18.15	19.40	7.25	9.30	15.00	19.20	10.30	15.00	19.20
OHZ-Garlstedt, Birkenheide	7.27	9.42	12.57	15.12	17.17	18.17	19.42	7.27	9.32	15.02	19.22	10.32	15.02	19.22
OHZ-Garlstedt, BW Logistikschule	7.28	9.43	12.58	15.13	17.18	18.18	19.43	7.28	9.33	15.03	19.23	10.33	15.03	19.23
OHZ-Garlstedt, Heidehof	7.29	9.44	12.59	15.14	17.19	18.19	19.44	7.29	9.34	15.04	19.24	10.34	15.04	19.24
OHZ-Garlstedt, Hasselbrock	7.30	9.45	13.00	15.15	17.20	18.20	19.45	7.30	9.35	15.05	19.25	10.35	15.05	19.25
Hoope, Pape	7.34	9.49	13.04	15.19	17.24	18.24	19.49	7.34	9.39	15.09	19.29	10.39	15.09	19.29
Hoope, Abzw. Wulsbüttel	7.35	9.50	13.05	15.20	17.25	18.25	19.50	7.35	9.40	15.10	19.30	10.40	15.10	19.30
Dorfhagen, Siedlung	7.37	9.52	13.07	15.22	17.27	18.27	19.52	7.37	9.42	15.12	19.32	10.42	15.12	19.32
Dorfhagen, Zollhaus	7.38	9.53	13.08	15.23	17.28	18.28	19.53	7.38	9.43	15.13	19.33	10.43	15.13	19.33
Dorfhagen, Breden	7.39	9.54	13.09	15.24	17.29	18.29	19.54	7.39	9.44	15.14	19.34	10.44	15.14	19.34
Hagen, Börsten Abzw. Finna	7.40	9.55	13.10	15.25	17.30	18.30	19.55	7.40	9.45	15.15	19.35	10.45	15.15	19.35
Hagen, Börsten	7.41	9.56	13.11	15.26	17.31	18.31	19.56	7.41	9.46	15.16	19.36	10.46	15.16	19.36
Hagen, Döhmweg	7.43	9.58	13.13	15.28	17.33	18.33	19.58	7.43	9.48	15.18	19.38	10.48	15.18	19.38
Hagen, Schulzentrum ④ 2	7.45	10.00	13.15	15.30	17.35	18.35	20.00	7.45	9.50	15.20	19.40	10.50	15.20	19.40

The last bus is at 19:00, so if you cannot make it by then, let us know, we will explain you which train you should take. **PLEASE LET US KNOW (by SMS or email) about your exact time of arrival, so we know when to pick you up.**

Travel costs limit: Be aware that Erasmus + is a co-financing program, so if you exceed the limit on your travel costs, each participant has to cover the difference themselves. Only 2nd class, economy class can be reimbursed.

- Czech republic = €275
- Lithuania = €275
- Italy = €275
- Greece = €360
- Hungary = €275
- Spain = €275
- Germany = €20

Reimbursement of travel costs: The reimbursement of travel costs and visa cost are going to be made after the project. So please keep all your tickets and all boarding passes since it is not possible to reimburse tickets that were lost or misplaced. Each participant needs to send all tickets and boarding passed after the project with description of every ticket to the following address NaturKultur Bürgermeister Smidt Str. 47, 28195 Bremen, Germany.

SPENDENKONTO
 KTO.-NR.: 90320177
 BLZ: 28050100
 LANDESSPARKASSE ZU OLDENBURG
 IBAN: DE63280501000090320177
 BIC-/SWIFT-CODE: BRLADE21LZO



NATURKULTUR E.V.
DROSSELWEG 1A
26215 WIEFELSTEDE
+49 (0) 4402 60079
INFO@NATURKULTUR.EU
VR 201093

Insurance: Every participant should have valid health insurance for Germany during your stay on the project. This means that when you don't have your own insurance, the organizer doesn't bear any responsibilities towards the participants. That is why every participant should timely purchase their own insurance.

Costs and fees: All costs for travel, accommodation, food, program will be covered from the Erasmus+ program. Having in mind that we are organizing a study visit in Brussels with additional costs, there will be participation fee **of EUR €50 per participant.**

Venue: KulturHaus, Osterholz-Scharmbeck (near Bremen)

Address: Hinterm Horn 5, 27711 Osterholz-Scharmbeck

We are going to stay in a very simple accommodation something like youth hostel, which is actually old group house in a middle of nowhere. We have chosen this venue in particular because of few reasons:

- It is in the middle of nowhere. This means the group will stay together at all times. There are no cafes, no discos, no restaurants, even no supermarket nearby. We will all get to know each other very well.
- The rooms are going to be 2-5 beds per room. We are going to be from mixed nationalities, but from the same gender.
- We will be the only group in the house. It was important to us not to be bothered with other groups and other timetables and rules, so that is why we decided to come here where we would be alone. We would do workshops, make party, make national evenings, cook and eat together, load the dishwasher, and make sure that the door is locked at night. We would make the rules together, we would respect the rules that we make.
- There are showers in 7 of the rooms, for some rooms there are group showers and there are 4 more shower rooms just in front of the room.
- We have hired our own cooking and logistics team so they would prepare meals for us, we can tell them the things that we want to eat, but also that nice and healthy food will be done for the people with food preferences – vegetarians, no pork and so on. Please note that we cannot provide vegan, HALAL or fruitarian food. We are not staying at a hotel, so don't expect hotel environment.
- Everything will be up to us, meaning that everyone should help with something. Either is setting up the dining tables in order, loading or unloading the dishwasher, or helping with the workshops places, or setting up the fireplace, or bringing wood for the fireplace, or just not littering and making a mess in the house.

SPENDENKONTO
KTO.-NR.: 90320177
BLZ: 28050100
LANDESSPARKASSE ZU OLDENBURG

IBAN: DE63280501000090320177
BIC-/SWIFT-CODE: BRLADE21LZO



NATURKULTUR E.V.
DROSSELWEG 1A
26215 WIEFELSTEDE
+49 (0) 4402 60079
INFO@NATURKULTUR.EU
VR 201093

In regard to what do you need in concern to the venue:

- **Shoes for inside.** Since we would be staying inside most of the time, and it's a really large house, you would need shoes for inside (slippers or clean shoes) the house. There is a policy of no "normal" shoes inside. It also helps us keep the place clean during our time there.
- **Bring your own towel.** There will be bed sheets provided from the venue, but you have to take a towel with you.
- We would have first aid kit with us. **But please make sure that you take any medication that you need.** There will be list of emergency doctors' offices available for consultation when needed (so please make sure that you have insurance or that your national insurance card covers Germany)



Food & Drinks & Dishes

Dining times:
08:30 - 09:30 Breakfast
13:30 – 15:30 Lunch
20:00 – 21:00 Dinner

Water is really clean, good quality and drinkable from the tap, tea and coffee will be available during breaks and meals.

There will be two coffee breaks with approximate times 11:30 and 16:30 every day. On the coffee breaks there will be tea and coffee available and selection of seasonal fruits or cookies.

Please confirm your food preferences (no pork, vegetarian) on the registration list during your arrival. Please have in mind that we cannot have special dishes for vegan or frutarian food. If you are allergic to any kind of food, please highlight it in the participant registration upon arrival.

SPENDENKONTO
KTO.-NR.: 90320177
BLZ: 28050100
LANDESSPARKASSE ZU OLDENBURG

IBAN: DE63280501000090320177
BIC-/SWIFT-CODE: BRLADE21LZO



NATURKULTUR E.V.
DROSSELWEG 1A
26215 WIEFELSTEDE
+49 (0) 4402 60079
INFO@NATURKULTUR.EU
VR 201093

Dishes

After each meal every participant has the responsibility to throw the leftover food in the trash and to leave the plate and dishes in the appropriate place. We are all going to help with the kitchen team to clean the dishes. There is industrial dishwasher that washes the dishes in 3 minutes, we have to load it up and take the dishes out. Our kitchen team will be there, but everyone needs to help a bit.

Preparation of national dinner

There are pairings of countries that are responsible for cooking one night. In example: The first day it is Italian night. This means that they should prepare dinner for all 45 participants and present the culture. Coordinate before the project, talk about what you will cook, make a list of everything that you need. Have in mind that it should be some dish that is typical and that can be made fast, because each group will have only 1 hour for cooking. At your disposal you will have the cooks who will be there to help you with everything that you need.

We have professional kitchen and we have done this on all our projects so far. It's a really fun experience cooking together for the whole group. Since you will need to prepare a typical meal from your country/region, please do not ask for impossible products to find in Germany to be bought. When you think there is no such product in Germany, buy it, keep the receipt and bring it with you, you will be reimbursed when you disclose the receipt. We cannot reimburse more than 50€ per country. No alcoholic drinks can be reimbursed.



National presentations

Each country will have 60 minutes to present their country. Please be aware of the time and make something interesting for the rest of the participants to learn about your country. WE want the participants to be active and interact during the presentations (dances, quizzes, more interaction)

SPENDENKONTO
KTO.-NR.: 90320177
BLZ: 28050100
LANDESSPARKASSE ZU OLDENBURG

IBAN: DE63280501000090320177
BIC-/SWIFT-CODE: BRLADE21LZO



NATURKULTUR E.V.
DROSSELWEG 1A
26215 WIEFELSTEDE
+49 (0) 4402 60079
INFO@NATURKULTUR.EU
VR 201093

There is a Facebook group created for the project,
<https://www.facebook.com/groups/420727205077238/>

Contacts:

Slobodan Djurovic – slobodan.djurovic@naturkultur.eu
+4917625993657
Branimir Suk - branimirsuk@naturkultur.eu +4917665646848

SPENDENKONTO
KTO.-NR.: 90320177
BLZ: 28050100
LANDESSPARKASSE ZU OLDENBURG

IBAN: DE63280501000090320177
BIC-/SWIFT-CODE: BRLADE21LZO