

## $\Phi IE in Art$

## Epanomi in Art



# Who





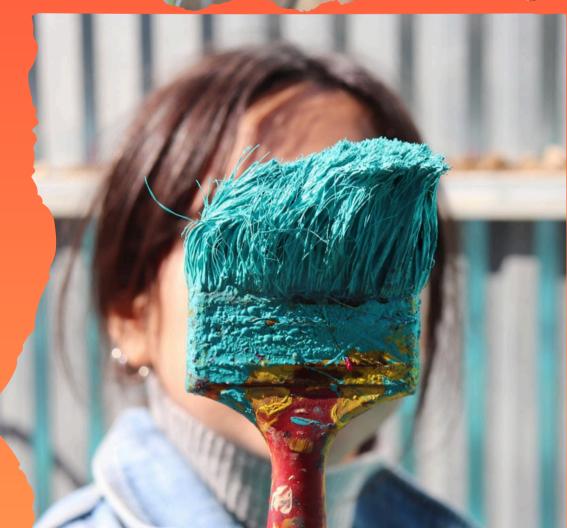




## **Introducing Epanomi in Art: Embracing Community, Sustainability, and the Arts**

Welcome to Epanomi in Art, a thriving place and community that we proudly call our home. It is more than just a physical location; it is an inspiring environment where individuals can embark on a journey of self-discovery, foster community sustainability, promote human rights, and learn to live harmoniously among one another. Our project continues the visionary dream of its founder, Dionisi Zafeiridis, who envisioned a space where people could freely explore their creativity and ignite their passions in life.





Located in the enchanting region of Epanomi, Greece, Epanomi in Art serves as a hub for individuals seeking personal growth and collective well-being. Our mission is to create a nurturing atmosphere that empowers individuals to embrace their artistic talents, while also encouraging a sustainable and inclusive community. Through our diverse range of activities and initiatives, we aim to foster a deep sense of belonging, unity, and shared purpose. At Epanomi in Art, we believe that art has the power to

transcend boundaries and inspire positive change. We offer a wide array of artistic workshops, classes, and exhibitions, spanning various disciplines such as painting, sculpture, music, dance, and more. These creative endeavors provide a platform for individuals to express themselves authentically, explore their unique artistic paths, and unleash their full potential.

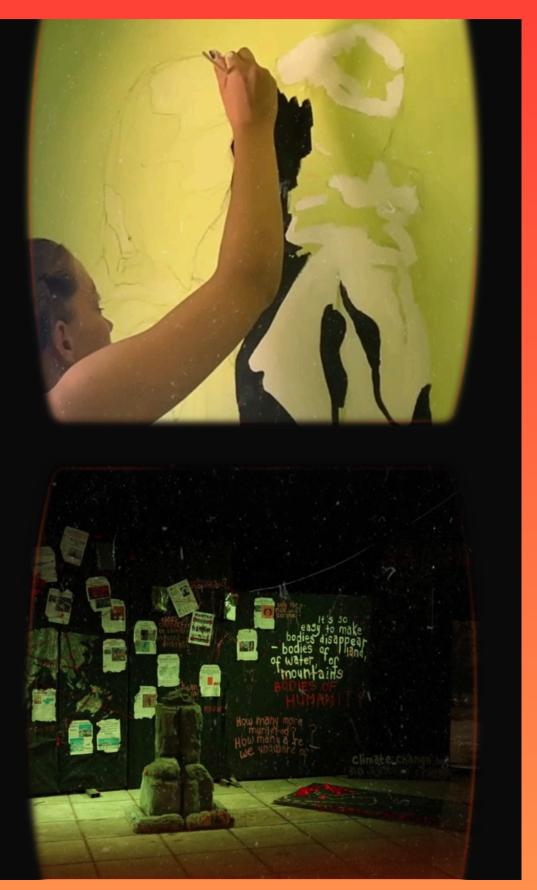
## **OUR VISION**











Central to our vision is a commitment to community sustainability. We strive to create an environment where people live in harmony with each other and the natural world. Through educational programs and initiatives, we empower individuals to adopt sustainable practices, promote environmental awareness, and cultivate a deep respect for our surroundings. Together, we aspire to build a thriving community that cherishes and preserves the beauty of Epanomi.

In line with our dedication to human rights, Epanomi in Art serves as a safe heaven for individuals from diverse backgrounds and cultures. We celebrate the richness of our differences and encourage mutual understanding, acceptance, and equality. By fostering an environment of compassion and respect, we believe that we can create a world where every person feels valued and empowered to contribute their unique perspectives and talents.

Epanomi in Art is not just a physical space; it is a sanctuary for self-discovery, personal growth, and community building. Here, individuals have the freedom to explore their passions, nurture their creativity, and forge lifelong connections with like-minded individuals. We are committed to providing a supportive and inspiring atmosphere, where individuals can flourish and make a positive impact on both themselves and the world around them.







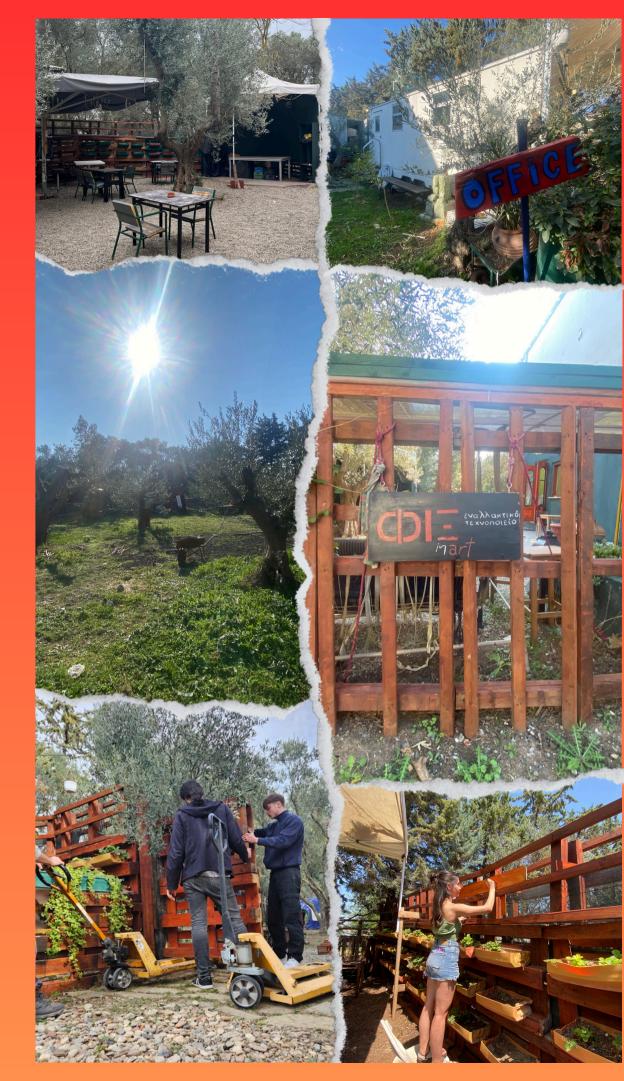
## THE MAIN ACTIVITIES OF THE **ORGANIZATION**

• Organization and participation of local and international practices, drama workshops, seminars, conferences and other training activities, as in the evaluation workshops, promotion and diffusion of effective practices

- Organization and implementation of programs in and out of schools
- Organization and participation in research groups academic and creative.
- Publishing of books, periodicals, educational material, studies or publications
  - Organization and participation in artistic productions and cultural events
- Create networks of partners to promote the arts in education and in all matters related to the purposes of the Association

## **CURRENT ACTIVITIES OF THE ORGANIZATION**

- Save the food Social Kitchen, this involves sorting fruits at the fruit market to be donated to 50 organisations around the city that support people in need.
- Running upcycling workshops and projects for the community , and helping with the management of the recycling within the projects with the aim of reaching zero waste.
- Cleaning of the beaches of Epanomi
- Language Cafe
- Urban gardening and farming, taking care of the vegetable garden and
- Skill share activities among the volunteers
- Preparation of awareness campaigns for recycling , Erasmus + , youth initiatives at summer festivals like Street Mode, Greenwave and Reworks.
- Once per week there will Fix in art creative construction and clearing up day, where we all together work in the improvement of the visual identity of the project, clearing out spaces from garbage that has been thrown in the building.



# The Space for Living





# ROOMS

Our rooms are shared-ones with two or three people.

In every rooms, there are closet, commode, table, chares and night lamps. If you need any materials for your personal room or for your projects, our coordinators are always ready to help you. Simply reach out to them and they will provide the necessary resources to support your efforts.









### **Kitchen**

In the kitchen, we cook together in a rotatiton. We have 3 times meal a day. Breakfast time is from 09:00am till 10:00 am. Lunch time is between 14:00 - 15:00. Dinner time is from 19:30 till 20:30. We eat together either in the kitchen or in the garden.

We hold the utmost respect for our living environment and the people within it. We emphasize cleanliness and expect everyone to contribute to keeping shared spaces tidy. By showing respect for our surroundings and fellow residents, we <u>cultivate a positive and harmonious atmosphere.</u>





## **Bathrooms**



We have two communal toilets.

We clean the bathrooms on a rotational basis.

We have cleaning equipment to clean the bathrooms.

<u>We hold the utmost respect for our</u> <u>living environment and the people</u> within it. We emphasize cleanliness and expect everyone to contribute to keeping shared spaces tidy. By showing respect for our surroundings and fellow residents, we cultivate a positive and harmonious atmosphere.



## **Our Friends**





We take care of our friends together. We feed, take Virgilio for a walk and play with them.

If you are afraid of dogs, that's fine. You don't have to take him for a walk. Or you can take another friend with you!



Mona



If you have any allergies, do not forget to bring your medicine with you.

## **Do not Forget!**

The activities we have can be changed according to season. -During the summer, there are more festivals and concerts. -During the winter, we generally focus on the indoor activities such as info days, language cafe and skill share activities.

If you are coming in summer, do not forget to bring sunscreen, swimsuits and towels. If you are coming in winter, do not forget to bring your winter clothes. It's Greece but it can be cold enough.

We work five days in a week. There are two days off. Sometimes days off can be different because of the work load.

We provide bedsheets, duvets and pillowcases. Please bring your own towels. We provide the cleaning equipments for the cleaning of the house. Your special needs are belong to you.

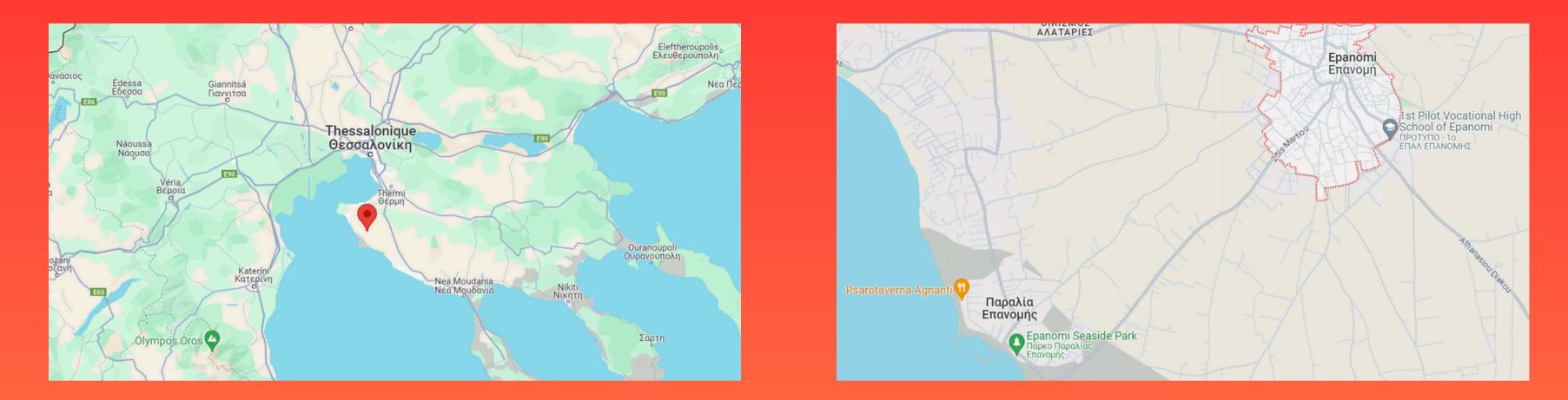
To facilitate mobility within Epanomi, we have a collection of bicycles available for residents to use. By coordinating with the building coordinators, you can easily arrange to borrow a bicycle for your convenience. We encourage sustainable transportation options and strive to make it accessible for all.

If you encounter any issues or feel uncomfortable in any way, please notify the building coordinator immediately. We prioritize open dialogue and strive to resolve conflicts within the building through peaceful means. Your well-being and comfort are of utmost importance to us.

Epanomi In Art offers a unique living experience, promoting shared responsibilities, mutual respect, and a supportive community. Enjoy your time here, making the most of the amenities, engaging in activities, and embracing the cultural exchange. Should you encounter any challenges, remember that our coordinators are here to assist you and ensure your stay is as pleasant as possible.

Join us at Epanomi in Art and become a part of our vibrant community. Discover your path, unlock your creative potential, and contribute to a sustainable, harmonious, and inclusive future. Together, we can transform dreams into reality and shape a world where art, community, and human rights flourish.

## **Transportation in Epanomi**



Using the Moovit app ensures you have access to accurate and up-to-date information on bus routes, schedules, and fares. It also offers alternative routes and real-time navigation assistance, making your journey to Cape Epanomí seamless and convenient.

Please note that bus schedules may vary, especially during weekends and holidays. It is advisable to check the Moovit app for the most recent information and to allow for extra time in case of any unexpected delays.

To travel from Thessaloniki to Cape Epanomí, you can take advantage of the convenient public transit options available. Here's an improved version of the text providing directions: To travel from Thessaloniki to Cape Epanomí, you can take advantage of the convenient public transit options available. Here's an improved version of the text providing directions:

Public Transit from Thessaloniki to Cape Epanomí:

1. Start your journey in Thessaloniki, Greece, and locate the nearest public transit station or stop.

2. Access the Moovit app or website, a reliable source for public transit information, to plan your route. Enter your current location and destination as Cape Epanomí.

3. Moovit will provide you with various route options, including bus numbers and relevant stops. Select the route that best suits your preferences and schedule.

4. Look for the nearest stop, and check the bus number indicated by Moovit. You may find stops such as "Αγια Μαρινα" (Agia Marina) in the vicinity of Cape Epanomí.

5. Once you have determined the appropriate bus, proceed to the designated stop and wait for the bus to arrive. Refer to the Moovit app for realtime information on bus schedules and arrival times.

6. Board the bus, ensuring you have a valid ticket or fare. If needed, you can inquire about prices and payment options from the bus driver or check the Moovit app for fare details.

7. Enjoy the scenic journey as the bus takes you from Thessaloniki to Cape Epanomí. Sit back, relax, and take in the sights during the ride.

8. As you approach Cape Epanomí, listen for any announcements or pay attention to the Moovit app for updates on the next stop. Cape Epanomí is the desired destination.

9. When the bus reaches Cape Epanomí, alight at the appropriate stop. You can refer to the Moovit app for the precise location of the bus stop in relation to Cape Epanomí.

### **Introducing Three Extraordinary Organizations:**

### **1. ΦIΞ** in art: Nest of Creativity

Step into a realm beyond the confines of reality, where dreams become tangible.  $\Phi I \Xi$  in art is an idea that transcends the boundaries of conventional thinking, a vision brought to life. It embodies a sanctuary for art in all its forms—a world that is serene, innovative, and adorned with smiles. One cannot truly comprehend it by merely looking, but only by truly seeing.  $\Phi$ IE in art offers a plethora of avenues through which you can witness this extraordinary world. Immerse yourself in dance, crafts, or wellness workshops that are hosted within its walls. Revel in the symphonies of concerts, events, recitals, and theatrical performances. Discover new worlds through the books that grace the library shelves. Yet, above all, see it through the eyes of your soul. For more information, visit:

### 2. M-eating Hub: Nourishing Lives, Transforming Communities

M-eating Hub is a haven for compassion and sustenance, providing meals, food support, and basic culinary training to individuals from all walks of life. Located in Thessaloniki, their mission is simple yet powerful: to change the world one meal at a time.

Through their dedicated efforts, M-eating Hub not only addresses the immediate needs of hunger but also aims to empower individuals through culinary education. By equipping people with essential culinary skills, they create opportunities for self-sufficiency and open doors to new possibilities.

Join M-eating Hub in their mission to foster inclusive communities where everyone has access to nourishing meals and the chance to build a brighter future.

For more information, visit:



3. Ronja: Verein zur Förderung von Menschenrechten-Empowering Human Rights Ronja: Verein zur Förderung von Menschenrechten is a collective of passionate young individuals dedicated to raising awareness about human rights. With a firm belief in the importance of promoting and protecting the rights of all individuals, they strive to make a difference. Through their initiatives and activities, Ronja seeks to shed light on human rights issues, spark crucial conversations, and drive positive change. Their unwavering commitment to creating a more just and equal society resonates through their work, inspiring others to join the cause.

Together, let's amplify the voices that speak for justice and equality. Join Ronja in their journey to empower human rights for all. For more information, visit:









founded by Cuisine sans frontières and FixinArt

